



# Child Care Food Program Afterschool Meals Program Fact Sheet

*Vision: To be the **Healthiest State** in the Nation!*



The Afterschool Meals Program provides reimbursement for nutritious meals and snacks served at eligible after school program sites. This program is funded by the U.S. Department of Agriculture and is administered in Florida by the Department of Health, Bureau of Child Care Food Programs.

## Eligibility Requirements

- Programs must be operated by a public or private nonprofit organization or certain for-profit organizations.
- Program sites must be located in an area served by a school in which at least 50% of the enrolled children are eligible for free or reduced-price meals.
- The program must provide after school care with regularly scheduled educational or enrichment activities that are structured and supervised.
- A license or proof of licensure exemption is required.
- Sites where programs are offered must meet state and local health and safety standards.

## Funding

The Afterschool Meals Program will reimburse for up to one snack and one meal per child, per day.

- Reimbursement is available for snacks and meals served to children through age 18 and certain children over age 18.
- Meals and snacks may be reimbursed if they are served after school on school days, and on weekends and holidays during the school year.
- Current reimbursement for FY 20-21 is \$1.89 for breakfast, \$3.75 for lunch and/or supper (includes cash-in lieu rate), and \$.96 for snack.

## Record Keeping Requirements

Programs must keep attendance records, daily meal counts, menus and expenditure records to qualify for reimbursement.

## Nutrition Requirements

Meals and snacks served to children must meet specific U.S. Department of Agriculture meal pattern requirements.

To qualify for reimbursement, meals and snacks must include, at a minimum, food components in amounts specified by age.

Supper meals must contain the following components:

- Fluid milk
- Fruit
- Vegetable
- Grain
- Meat and meat alternates

Snacks must contain a minimum of 2 of the above components.

A sample menu is provided on the reverse side.

## For further information, telephone or write to:

Child Care of Southwest Florida, Inc.  
6831 Palisades Park Court, STE 6  
Fort Myers, FL 33912  
Phone: 239-936-0899  
Email: [debrag@ccswfl.org](mailto:debrag@ccswfl.org)

## Child Care Food Program Sample Afterschool Meals Program Menu

Refer to the Child Care Food Program Meal Pattern for Children when planning portion sizes for the different age groups.

Children 6 years old and older must be served unflavored or flavored lowfat (1%) or fat-free (skim) milk.

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Snack</b>	Whole Wheat Muffin Milk	Banana Milk	Fresh Apple Wedges Peanut Butter	Assorted Whole Wheat Crackers Cucumber/Carrot/ Celery Sticks <b>Lowfat Ranch Dress- ing</b>	Yogurt <b>Lowfat, any Flavor</b> Granola
<b>Lunch or Supper</b>	Sliced Ham & Cheese Sandwich (2 oz. mt/mt alt. and 2 brd) <b>Mustard, Lowfat Mayo</b> Lettuce, Tomato & Pickle Potato Salad Pineapple Tidbits Milk	*Ravioli 1 slice of Garlic Bread (whole grain) Green Peas Pears Milk	Baked Chicken Rice Whole Wheat Roll <b>Margarine</b> Peas & Carrots Peaches Milk	*Breaded Fish <b>Ketchup</b> Whole Wheat Bun Baked Beans Fruit Salad (orange, pineapple, and grapefruit sections) Milk	Tacos (with soft, flour tortilla, ground turkey or beef) (1 oz. mt/mt alt. and 1 brd) Shredded Cheese (1oz.) Shredded lettuce and diced tomato <b>Mild Salsa</b> Corn Milk
<b>Snack</b>	String Cheese Orange Wedges	Whole Grain Tortilla Chips Mild Salsa Apple Wedges	English Muffin <b>Peanut/Soynut Butter</b> Milk	Coleslaw Saltine Crackers	Cheerios Cereal Milk
<b>Lunch or Supper</b>	Sloppy Joe Whole Wheat Bun Mixed Vegetables Peaches Milk	*Chicken Strips Biscuit Sliced Tomatoes Baked Potato Wedges <b>Ketchup</b> Fruit Cocktail Milk	Ham *Macaroni & Cheese Whole Grain Roll Broccoli Applesauce Milk	Cheeseburger on Bun <b>Mustard, Lowfat Mayo, &amp; Ketchup</b> Lettuce, Tomato, Pickle Green Beans Banana Milk	Turkey and Cheese Sandwich on Whole Wheat bread (2 oz. mt/mt alt. and 2 brd ) <b>Lowfat Mayo &amp; Mustard</b> Bell pepper strips (red and green) Grapes Milk

\*Requires a Child Nutrition (CN) Label, Product Formulation Statement (PFS), or standardized recipe

When a drink is not specifically listed with a snack, water is recommended as a beverage (Note: Water is NOT a creditable food item).

At least one serving of grains per day, across all eating occasions, must be 100% whole grain or whole grain-rch.

Note: Additional sample menus can be found on our website: [www.FloridaHealth.gov/ccfp](http://www.FloridaHealth.gov/ccfp)