



# Child Care Food Program Day Care Home Fact Sheet

*Vision: To be the **Healthiest State** in the Nation!*



The Child Care Food Program provides reimbursement for nutritious meals and snacks served to children in child care settings. This program is funded by the U.S. Department of Agriculture and is administered in Florida by the Department of Health, Bureau of Child Care Food Programs.

## Eligibility Requirements

- Family day care homes participating must be licensed by the appropriate child care licensing authority.
- Family day care homes must operate under the auspices of a sponsoring organization that contracts with the Department.

## Funding

The Child Care Food Program will reimburse up to two meals and one snack or two snacks and one meal per child, per day.

- Reimbursable meals and snacks may be served to eligible children 12 years of age and younger; migrant children may be served through age 15 and children with disabilities may be served regardless of their age if the majority of the persons being served are 18 or under.
- Reimbursement is determined by the number of eligible enrolled participants who are served creditable meals, and the current reimbursement rates set by the U.S. Department of Agriculture.
- Meals served to children are reimbursed at two different rates:
  - Tier I (Breakfast \$1.39, Lunch or Supper \$2.61, Snack \$.78);
  - Tier II (Breakfast \$.50, Lunch or Supper \$1.58, Snack \$.21).
- Sponsors also receive an administrative payment based on the number of homes they sponsor (ranges from \$63 - \$120).

## Record Keeping Requirements

Programs must keep enrollment records, daily meal counts, and menus to qualify for reimbursement.

## Nutrition Requirements

Meals and snacks served to children must meet specific U.S. Department of Agriculture meal pattern requirements.

To qualify for reimbursement, meals and snacks must include, at a minimum, food components in amounts specified by age.

Meals must contain:

- Fluid milk
- Fruit
- Vegetable
- Grain
- Meat and meat alternates

A sample menu is provided on the reverse side.

## For further information, telephone or write to:

Child Care of Southwest Florida, Inc.  
6831 Palisades Park Court, STE 6  
Fort Myers, FL 33912  
Phone: 239-936-0899  
Email: [debrag@ccswfl.org](mailto:debrag@ccswfl.org)

## Child Care Food Program Sample Day Care Home Menu

Refer to the Child Care Food Program Meal Pattern for Children when planning portion sizes for the different age groups.  
Children age 1 must be served unflavored whole milk. Children ages 2-5 must be served unflavored lowfat (1%) or fat-free (skim) milk.  
Children 6 years old and older must be served unflavored or flavored lowfat milk (1%) or fat-free (skim) milk.

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Breakfast</b>	Cinnamon Raisin Bagel <i>Cream Cheese</i> Peaches Milk	Whole grain waffle Applesauce Turkey sausage Milk	Cheerios (100% whole grain) cereal Banana Milk	Egg and Cheese Biscuit Strawberry Slices Milk	Whole Grain English Muffin <i>Peanut butter and jelly</i> Orange Slices Milk
<b>Lunch or Supper</b>	Baked Chicken Mashed Potatoes Whole Wheat Roll Broccoli Seasonal Fresh Fruit Milk	*Vegetable Lasagna Garlic Bread Green Peas Pears Milk	Pork Tenderloin Egg Noodles Sweet Potato Mixed Vegetables Milk	Bean and Cheese Quesadilla on Whole Grain Tortilla Fiesta Corn Apple Slices Milk	*Breaded Fish <i>Ketchup</i> Whole Wheat Bun Baked Beans Mixed Greens Salad (Spinach, Romaine, Tomato, Cucumber) <i>Lowfat Italian dressing</i> Milk
<b>Snack</b>	Mandarin Oranges String Cheese	Grape juice Animal crackers	Bell Pepper Strips <i>Lowfat ranch dressing</i> Cheese crackers	Yogurt Pineapple tidbits	Muffin Milk

\*Requires a Child Nutrition Label, Product Form Statement, or standardized recipe

When a drink is not specifically listed with a snack, water is recommended as a beverage. (Note: Water is NOT a creditable food item)

At least one serving of grains per day, across all eating occasions, must be 100% whole grain or whole grain-rich.

Note: Additional sample menus can be found on our website: [www.floridahealth.gov/ccfp](http://www.floridahealth.gov/ccfp)

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- (1) mail: U.S. Department of Agriculture  
Office of the Assistant Secretary for Civil Rights  
1400 Independence Avenue, SW  
Washington, D.C. 20250-9410;
- (2) fax: (202) 690-7442; or
- (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

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